



Plastic and Reconstructive Surgery

100 Hospital Lane, Ste. 325

Danville, IN 46122

Phone: 317-718-7980

Fax: 317-718-7918

POST-PROCEDURE INSTRUCTIONS FOR 3D

AREOLA/NIPPLE RECONSTRUCTIVE TATTOOING

The day of your procedure you will leave with a clear plastic dressing applied to your new tattoos. The clear plastic dressing is a breathable, flexible bandage that is intended to lock in your body's natural healing fluids while protecting it from all outside contact.

It is normal for your areola/nipple to be sore, swollen and even bruised. Do not apply ice as it can kill skin flaps or create frostbite.

You may shower but avoid direct contact from water as the clear plastic dressing needs to remain completely sealed to remain sterile. Do not soak tattoo in tub, sauna, Jacuzzi or go swimming for 14 days. Avoid sweating for 7 days as well. When changing the clear plastic dressing, leave about one inch of the bandage in contact with the normal skin around the tattoo. Wash hands and cleanse with cotton balls and the antiseptic wipe recommended before applying a new clear plastic dressing on day 3. Remove the clear plastic dressing on day seven. Expect some peeling skin. No further care is required.

Some clients have chosen to use Ibuprofen or Tylenol for mild discomfort. However, please check with your doctor before taking **ANY** medications over the counter or prescription.

****Please contact your doctor immediately if you have prolonged pain and redness around your areola or begin running a fever greater than 101 degrees****

For questions call Mary Hauser at 812-240-3094

Or Dr. Scott's office at 317-718-7980.